

AUTUMN 2023

SUBJECT: PE

Year: KS3 & KS4

Topic(s) to be covered:

The curriculum for physical education aims to ensure that all students:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

The curriculum map for Physical Education uses a variety of activities to ensure we meet these aims. Students will experience:

This term we will be focusing on the following sports:

Netball, Fitness, Gymnastics, Badminton, Rugby, Basketball and Gaelic football.

Assessment Procedures:

Key stage 3:

Assessment will come in the form of assessment projects in key stage 3, which will be based over a term and four sports.

- We assess using three strands: Hands (practical performance); Head (knowledge and understanding); and Heart (learning PRIDE)
- All four sports will be assessed based on practical performance (Hands), against adapted GCSE practical performance criteria.
- Two sports will utilise assessing without levels, through the use of self and peer assessment (Head). This will include the recording of performance and developing their skills through target setting based on their observations.
- During all lessons, pupils are assessed on their learning PRIDE against a set of criteria (Heart).

Key stage 4:

There is no assessment for Key stage 4 PE, outside of BTEC and GCSE lessons.

Homework guidance:

There will be homework set for PE.

Enrichment opportunities:

A full extra-curricular programme is run by the Department, where you have the opportunity to participate at a recreational level or trial for and represent the school teams. Clubs will be run for Football, Rugby, Dance/Cheerleading, Badminton, Basketball, Cross Country and Indoor Athletics.