



How does this unit link to prior learning?

Component 1 links to prior learning by building on basic knowledge from science, CPD, and earlier studies, such as understanding body systems, puberty, emotions, and relationships, and then developing this into a deeper understanding of how people grow and change physically, intellectually, emotionally, and socially across different life stages; it also strengthens academic skills by moving from simple descriptions to explaining and analysing how factors like genetics, environment, and life events influence development, making it a key foundation for further study in health and social care.

What will you be learning about?

How does this link to the wider curriculum?

Over the coming weeks you will study the areas of growth and development that contribute to the whole person, including physical intellectual, emotional and social. You will reflect on physical, intellectual, emotional and social factors that are part of everyone's life's.

Component 1 – Human Lifespan Development is about understanding how people develop and what affects their growth.
Individual Liberty: Each person develops differently and should be able to express their identity, beliefs and choices. **Example:** A teenager choosing their career path, or an adult choosing lifestyle habits.
Mutual Respect: Emotional and social development depends on positive relationships. **Example:** Respecting someone's background, needs, or stage of development (e.g. supporting someone with a disability).

We will develop our learning each week by focusing on:

1 Key learning : Course and unit introduction - Know the main topics in the unit - Outline key features of PIES development across the life stages.	RAG	7 Key learning : Practise (PSA) Assessment – Task 1 Learners will demonstrate their knowledge and understanding of the impact of 2 life stages on PIES growth and development.	RAG
2 Key learning : Infancy 0-2 - Describe the main features of PIES development in infancy - Explain expected PIES milestones		8 Key learning : Practise (PSA) Assessment – Task 1 Learners will demonstrate their knowledge and understanding of the impact of 2 life stages on PIES growth and development.	
3 Key learning : Early Childhood 3-8 - Describe the main features of PIES development in childhood - Discuss ways to support intellectual and social development of children.		9 Key learning : Practise (PSA) Assessment – Task 1 Learners will demonstrate their knowledge and understanding of the impact of 2 life stages on PIES growth and development.	
4 Key learning : Adolescence 9-18 CTG work (Closing the Gap) - Describe the main features of PIES development in adolescence - Discuss importance of emotional support		10 Key learning : Feedback following practise PSA CTG work (Closing the Gap)	
5 Key learning : Early Adulthood 19-45 - Describe the main features of PIES development in early adulthood - Discuss differences in experience and development.		11 Key learning : Physical Factors and Lifestyle Describe the physical factors and individual's lifestyle which can impact an individual's development linked to a specific life stage.	
5 Key learning : Later adulthood 65+ CTG work (Closing the Gap) - Describe the main features of PIES development in later adulthood - Discuss the impact of changing roles		12 Key learning : Emotional, psychological factors and cultural Factors CTG work (Closing the Gap) Describe the emotional, psychological, and cultural factors which can impact an individual's development linked to a specific life stage.	

Key vocabulary

Infancy	Childhood	Adolescence	Adulthood	Later Adulthood	Menopause	Factors	Life events	Lifespan	Physical
Emotional	Intellectual	Social	Language	Self-esteem	Relationships	Lifestyle	Circumstances	Support	Accident and Injury

How will this help you in the future?

KS4

Component 1 helps by supporting both academic learning and personal development. It strengthens your understanding of how people grow and change, which links to subjects like science and CPD, while also developing important skills such as explanation, analysis, and applying knowledge to real-life situations. It also prepares you for future study and careers in health and social care by helping you understand how to support individuals at different life stages foundation for further education and practical, real-world understanding.

Beyond LHS

Component 1 supports learning after Key Stage 4 by providing a strong foundation for further education and careers in health and social care or related fields such as nursing, social work, and psychology. It develops advanced skills like analysing development, understanding life stages, and applying knowledge to real-life situations, which are essential for college-level courses (such as BTEC Level 3 or A-levels).

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