



# Year 8 Football Learning Journey



## Equipment needed

- Footballs
- Cones
- Bibs

## Reminders

- We will be outside – bring your jumpers or base layers.
- You will need supportive trainers.

<u>Lesson</u>	<u>Topic</u>
<u>Lesson 1</u>	Baseline Assessment
<u>Lesson 2</u>	<b>Creating Space</b>  Know how to create space in a game.
<u>Lesson 3</u>	<b>Passing and Receiving</b>  Passing and receiving when the ball is in the air. You will look at different types of control, passing under pressure and accuracy of passing.
<u>Lesson 4</u>	<b>Dribbling whilst running with the ball</b>  Know when to use this skill in a game and use with turns.
<u>Lesson 5</u>	<b>Shooting</b>  Shooting on the move and under pressure.
<u>Lesson 6</u>	<b>Attacking as a team</b>  Passing and moving whilst communicating and having spatial awareness.
<u>Lesson 7</u>	<b>Defending as a team</b>  Looking at different types of marking and communication.
<u>Lesson 8</u>	Assessment

## Keywords

Communication	Accuracy	Receiving	Attacking	Defending
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